



Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals
Mid-morning Snack	Cheese and pineapple chunks	Crumpets and fruit	Wholemeal bagel with butter and fruit	Rice cake with cheese spread	Toast and jam
Lunch	Turkey broccoli and pasta Banana and strawberry with custard	Fish Fingers, potatoes and vegetables Fruit and yogurt	Quiche with new potatoes with vegetables Raspberry jelly with fruit	Chicken casserole with vegetables Eve's Pudding	Sausages with mash potato and green vegetables Angel delight with fruit
Mid-afternoon Snack	Rice cake with cheese spread	Carrot and cucumber sticks with houmous	Biscuit and fresh fruit	Breadstick and raisins	Fresh Fruit
Tea	Pitta bread with a choice of filling Fresh fruit salad	Tomato soup Ice Pops	Pizza Frozen yoghurt	Baked beans on toast Pineapple and melon	Wraps with a choice of filling Pancakes with fruit



Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals
Mid-morning Snack	Breadstick, cucumber sticks and houmous	Pancake and fruit	Toasted bagel with blueberries and raspberries	Toasted muffin with banana	Fresh fruit
Lunch	Cottage pie Pears and ice cream	Quiche with new potatoes and vegetables Strawberry jelly with strawberries	Toad in the hole with vegetables Peaches and frozen yoghurt	Turkey meatballs with pasta and garlic bread Blueberries and custard	Fish Fingers, potatoes and vegetables Sliced juicy pears
Mid-afternoon Snack	Fresh Fruit	Cheese and cucumber sticks	Greek yoghurt with fruit	Carrot sticks with houmous	Rice cake with cheese spread
Tea	Scrambled egg on toast Strawberry whip with fruit	Jacket potato filled with baked beans and cheese Peaches with Fromage Frais	Ham/cheese toasties with tomatoes Homemade cakes	Tomato Soup Eve's Pudding	Baked beans on toast Ice cream with fruit



Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals
Mid-morning Snack	Toast and jam with fruit	Rice cake with cheese spread	Crumpets and fruit	Cheese and pineapple chunks	Greek yoghurt with fruit
Lunch	Chilli con carne with rice Pineapple and grapes	Beef casserole with mixed vegetables Eve's Pudding	Macaroni cheese with peas and sweetcorn Yoghurt and fruit	Fish Pie and vegetables Fresh Fruit Salad	Pork roast dinner Orange Jelly with oranges
Mid-afternoon Snack	Biscuit and fruit	Cucumber sticks with houmous	Fresh fruit	Breadstick with fruit	Crackers with cheese spread
Tea	Ham/Cheese toasties Frozen Yoghurt	Spaghetti hoops on toast Pancakes with strawberries	Choice of sandwiches Swiss Roll and custard	Cheese on toast Banana and Ice cream	Tomato and cheese pasta Fruit



Menu

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals
Mid-morning Snack	Toasted muffins with fruit	Toasted bagel with melon pieces	Carrot and cucumber sticks with houmous	Crumpets and Fresh fruit	Breadstick with raisins
Lunch	Chicken curry with rice and naan bread Swiss roll and custard	Spaghetti Bolognese with garlic bread Angel Delight with fruit	Beef with mash potato and vegetables Fresh Fruit Salad	Toad in the Hole with potatoes and Vegetables Homemade cakes	Tuna and sweetcorn pasta Yoghurt and fruit
Mid-afternoon Snack	Breadstick and fruit	Fresh Fruit	Crackers with cheese spread	Biscuit and fruit	Carrot and cucumber sticks with houmous
Tea	Choice of sandwiches Peaches with Fromage Frais	Scrambled egg of toast Homemade cakes	Tomato soup Banana and berry custard	Wholemeal rolls with a choice of filling Pancakes and banana	Crackers with a choice of toppings Ice pops